

# Octocaine® (Lidocaine Hydrochloride and Epinephrine Injection, USP)

# FOR LOCAL ANESTHESIA IN DENTISTRY

# CAUTION: FEDERAL LAW PROHIBITS DISPENSING WITHOUT PRESCRIPTION.

### SCRIPTION

tocaine (Lidocaine Hydrochloride and Epinephrine Injection, USP) is a sterile isotonic solution that contains a local anesthetic agent with Epinephrine and is administered parenterally by injection see INDICATIONS AND USAGE for specific uses. The quantitative composition of each available solution is shown in Table 1.

Octocaine Injections contain Lidocaine HCI, which is chemically designated as acetamide, 2-(diethylamino)-N-(2,6-dimethylphenyl)monohydrochloride and has the following structural formula.

Eninephrine is (-) - 3.4 - Dihydroxy- a-(methylamino) methyl benzyl alcohol and has the following structural formula:

PRODUCT IDENTIFICATION		SINGLE DOSE	CARTRIDGES	
Lidocaine HCI Solution %	Epinephrine (dilution)	Sodium Chloride (mg/ml)	Sodium Bisulfite (mg/mł)	
2 2	1:100,000 1:50,000	6 6	0.55 0.55	

Note: The pH of all solutions is adjusted to USP limits with sodium hydroxide and/or hydrochloric acid (3.3-5.5)

Mechanism of action: Lidocaine stabilizes the neuronal membrane by inhibiting the ionic fluxes required for the initiation and conduction of impulses, thereby effecting local anesthetic action.

Onset and duration of anesthesia: When used for infiltration anesthesia in dental patients, the time of onset averages less than 2 minutes for Octocaine Injections. Octocaine (Lidocaine Hydrochloride and Epinephrine) Injections provide an average pulp anesthesia of at least 60 minutes with an average duration of soft tissue anesthesia of approximately 2 1/2 hours.

When used for nerve block in dental patients the time of onset of Octocaine Injections averages 2-4 minutes. Octocaine Injections provide an average pulp anesthesia of at least 90 minutes with an average duration of soft tissue anesthesia of 3 1/4 hours.

Hemodynamics, Excessive blood levels may cause changes in cardiac output, total peripheral resistance, and mean arterial pressure. These changes may be attributable to a direct depressant effect of the local anesthetic agent on various components of the cardiovascular system and/or the beta-adrenergic receptor stimulating action of Epinephrine when present.

Pharmacokinetics and metabolism: Information derived from diverse formulations, concentrations and usages reveals that Lidocaine is completely absorbed following parenteral administration, its rate of

absorption depending for example, upon various factors such as the site of administration and the presence or absence of a vasoconstrictor agent. Except for intravascular administration, the highest blood levels are obtained following intercostal nerve block and the lowest after subcutaneous administration.

The plasma binding of Lidocaine is dependent on drug concentration, and the fraction bound decreases with increasing concentration. At concentrations of 1 to 4 µg of free base per mL, 60 to 80 percent of Lidocaine is protein bound. Binding is also dependent on the plasma concentration of the alpha-1-acid glycoprotein.

Lidocaine crosses the blood-brain and placental barriers, presumably by passive diffusion.

Lidocaine is metabolized rapidly by the liver, the metabolites and unchanged drug are excreted by the kidneys. Biotransformation includes oxidative N-dealkylation, ring hydroxylation, cleavage of the amide linkage, and conjugation N-dealkylation, a major pathway of biotransformation, yields the metabolites monoethylglycinexylidide and glycinexylidide. The pharmacological/toxicological actions of these metabolites are similar to, but less potent than, those of Lidocaine. Approximately 90% of Lidocaine administered is excreted in the form of various metabolites, and less than 10% is excreted unchanged. The primary metabolite in urine is a conjugate of 4-hydroxy-2,6-dimethylaniline.

udies of Lidocaine metabolism following intravenous bolus injections have shown that the elimination half-life of this agent is typically 1.5 to 2.0 hours. Because of the rapid rate at which Lidocaine is "abolized, any condition that affects liver function may alter Lidocaine kinetics. The half-life may be prolonged two-fold or more in patients with liver dysfunction. Renal dysfunction does not affect caine kinetics but may increase the accumulation of metabolites.

ctors such as acidosis and the use of CNS stimulants and depressants affect the CNS levels of Lidocaine required to produce overt systemic effects. Objective adverse manifestations become increasingly sparent with increasing venous plasma levels above 6.0 µg free base per mL. In the rhesus monkey, arterial blood levels of 18-21 µg/mL have been shown to be threshold for convulsive activity.

### INDICATIONS AND USAGE

Octocaine (Lidocaine Hydrochloride and Epinephrine Injection, USP) is indicated for production of local anesthesia by nerve block or infiltration techniques. Only accepted procedures for these techniques as described in standard textbooks are recommended.

Lidocaine HCI is contraindicated in patients with a known history of hypersensitivity to local anesthetics of the amide type.

### **PARINRS**

DENTAL PRACTITIONERS WHO EMPLOY LOCAL ANESTHETIC AGENTS SHOULD BE WELL VERSED IN DIAGNOSIS AND MANAGEMENT OF EMERGENCIES WHICH MAY ARISE FROM THEIR USE. RESUSCITATIVE EQUIPMENT, OXYGEN AND OTHER RESUSCITATIVE DRUGS SHOULD BE AVAILABLE FOR IMMEDIATE USE.

To minimize the likelihood of intravascular injection, aspiration should be performed before the local anesthetic solution is injected. If blood is aspirated, the needle must be repositioned until no return of blood can be elicited by aspiration. Note, however, that the absence of blood in the syringe does not assure that intravascular injection will be avoided.

Octocaine (Lidocaine Hydrochloride and Epinephrine) Injections contain sodium bisulfite, a sulfite that may cause allergic-type reactions including anaphylactic symptoms and life-threatening or less severe asthmatic episodes in certain susceptible people. The overall prevalence of sulfite sensitivity in the general population is unknown and probably low. Sulfite sensitivity is seen more frequently in asthmatic than in nonasthmatic people.

FINCE AUTHORS

General: The safety and effectiveness of Lidocaine depends on proper dosage, correct technique, adequate precautions, and readiness for emergencies. Standard textbooks should be consulted for specific techniques and precautions for various regional anesthetic procedures. Resuscitative equipment, oxygen, and other resuscitative drugs should be available for immediate use. (See WARNINGS and ADVERSE REACTIONS). The lowest dosage that results in effective anesthesia should be used to avoid high plasma levels and serious adverse effects. Repeated doses of Lidocaine may cause significant increases in blood levels with each repeated dose because of slow accumulation of the drug or its metabolites. Tolerance to elevated blood levels varies with the status of the patient. Debilitated, elderly patients, and pediatric patients should be given reduced doses commensurate with their age and physical condition. Lidocaine should also be used with caution in patients with severe shock or heart block.

Local anesthetic solutions containing a vasoconstrictor should be used cautiously in areas of the body supplied by end arteries or having otherwise compromised blood supply. Patients with peripheral vascular disease and those with hypertensive vascular disease may exhibit exaggerated vasoconstrictor response. Ischemic injury or necrosis may result. Preparations containing a vasoconstrictor should be used with caution in patients during or following the administration of potent general anesthetic agents, since cardiac arrhythmias may occur under such conditions.

Cardiovascular and respiratory (adequacy of ventilation) vital signs and the patient's state of consciousness should be monitored after each local anesthetic injection. Restlessness, anxiety, finnitus, dizziness, blurred vision, tremors, depression or drowsiness should alert the practitioner to the possibility of central nervous system toxicity. Signs and symptoms of depressed cardiovascular function may commonly result from a vasovagal reaction, particularly if the patient is in an upright position; placing the patient in the recumbent position is recommended when an adverse response is noted after injection of a local anesthetic. (See ADVERSE REACTIONS, Cardiovascular System.) Since amide-type local anesthetics are metabolized by the liver, Lidocaine should be used with caution in patients with hypatic disease.

Patients with severe hepatic disease, because of their inability to netabolize local anesthetics normally, are at a greater risk of developing toxic plasma concentrations. Lidocaine should also be used with caution in patients with impaired cardiovascular function.

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Many drugs used during the conduct of anesthesia are considered potential triggering agents for familial malignant hyperthermia. Since it is not known whether amide-type local anesthetics may trigger this reaction and since the need for supplemental general anesthesia cannot be predicted in advance, it is suggested that a standard protocol for the management of malignant hyperthermia should be available. Early unexplained signs of tachycardia, tachypnea, labile blood pressure and metabolic acidosis may precede temperature elevation. Successful outcome is dependent on early diagnosis, prompt discontinuance of the suspect triggering agent(s) and prompt treatment, including oxygen therapy, dantrolene consult dantrolene sodium intravenous package insert before using) and other supportive

Lidocaine should be used with caution in persons with known drug sensitivities. Patients allergic to para-aminobenzoic acid derivatives (procaine, tetracaine, benzocaine, etc.) have not shown cross sansitivity to Lidocaine.

Use in the Head and Neck Area: Small doses of local anesthetics injected into the head and neck area, including retrobulbar, dental and stellate ganglion blocks, may produce adverse reactions similar to systemic toxicity seen with unintentional intravascular injections of larger doses. Confusion, convulsions, respiratory depression and/or respiratory arrest, and cardiovascular stimulation or depression have been reported. These reactions may be due to intra-arterial injection of the local anesthetic with retrograde flow to the cerebral circulation. Patients receiving these blocks should have their circulation and respiration monitored and be constantly observed. Resuscitative equipment and personnel for treating adverse reactions should be immediately available. Dosage recommendations should not be exceeded (See DOSAGE AND ADMINISTRATION).

formation for Patients: The patient should be informed of the possibility of temporary loss of sensation and muscle function following infiltration or nerve block injections.

he patient should be advised to exert caution to avoid inadvertent trauma to the lips, tongue, cheek, mucosae or soft palate when these structures are anesthetized. The ingestion of food should therefore be ostponed until normal function returns. The patient should be advised to consult the dentist if anesthesia persists or if a rash develops.

rically significant drug interactions: The administration of local anesthetic solutions containing Epinephrine or Norepinephrine to patients receiving monoamine oxidase inhibitors, tricyclic anti-depressants enothiazines may produce severe, prolonged hypotension or hypertension. Concurrent use of these agents should generally be avoided. In situations when concurrent therapy is necessary, careful patient toring is essential.

Concurrent administration of vasopressor drugs and ergot-type oxytocic drugs may cause severe, persistent hypertension or cerebrovascular accidents.

Drug/Laboratory test interactions: The intramuscular injection of Lidocaine may result in an increase in creatine phosphokinase levels. Thus, the use of the enzyme determination, without isoenzyme separation, as a diagnostic test for the presence of acute myocardial infarction may be compromised by the intramuscular injection of Lidocaine.

Carcinogenesis, mutagenesis, impairment of fertility. Studies of Lidocaine in animals to evaluate the carcinogenic and mutagenic potential or the effect on fertility have not been conducted.

Pregnancy: Teratogenic Effects. Pregnancy Category B. Reproduction studies have been performed in rats at doses up to 6.6 times the human dose and have revealed no evidence of harm to the fetus caused by Lidocaine. There are, however, no adequate and well-controlled studies in pregnant women, Animal reproduction studies are not always predictive of human response. General consideration should be given to this fact before administering Lidocaine to women of childbearing potential, especially during early pregnancy, when maximum organogenesis takes place.

Nursing mothers: It is not known whether this drug is excreted in human milk. Because many drugs are excreted in human milk, caution should be exercised when Lidocaine is administered to nursing women

Pediatric use: Dosages in pediatric patients should be reduced, commensurate with age, body weight and physical condition (See DOSAGE AND ADMINISTRATION).

### ADVERSE REACTIONS

Adverse experiences following the administration of Lidocaine are similar in nature to those observed with other amide local anesthetic agents. These adverse experiences are, in general, dose-related and may result from high plasma levels caused by excessive dosage, rapid absorption or unintended intravascular injection, or may result from a hypersensitivity, idiosyncrasy or diminished tolerance on the part of the patient. Serious adverse experiences are generally systemic in nature. The following types are those most commonly reported:

Central nervous system: CNS manifestations are excitatory and/or depressant and may be characterized by lightheadedness, nervousness, apprehension, euphoria, confusion, dizziness, drowsiness, tinnitus, blurred or double vision, vomiting, sensations of heat, cold or numbness, twitching, tremors, convulsions, unconsciousness, respiratory depression and arrest. The excitatory manifestations may be very brief or may not occur at all, in which case the first manifestation of toxicity may be drowsiness merging into unconsciousness and respiratory arrest.

Drowsiness following the administration of Lidocaine is usually an early sign of a high blood level of the drug and may occur as a consequence of rapid absorption.

Cardiovascular system: Cardiovascular manifestations are usually depressant and are characterized by bradycardia, hypotension, and cardiovascular collapse, which may lead to cardiac arrest.

Signs and symptoms of depressed cardiovascular function may commonly result from a vasovagal reaction, particularly if the patient is in an upright position. Less commonly, they may result from a direct effect of the drug. Failure to recognize the premonitory signs such as sweating, a feeling of faintness, changes in pulse or sensorium may result in progressive cerebral hypoxia and seizure or serious cardiovascular catastrophe. Management consists of placing the patient in the recumbent position and ventilation with oxygen. Supportive treatment of circulatory depression may require the administration of

intravenous fluids and, when appropriate, a vasopressor (e.g., Ephedrine) as directed by the clinical situation.

Allergic: Allergic reactions are characterized by cutaneous lesions, urticaria, edema or anaphylactoid reactions. Allergic reactions as a result of sensitivity to Lidocaine are extremely rare and, if they occur, should be managed by conventional means. The detection of sensitivity by skin testing is of doubtful value.

Neurologic: The incidences of adverse reactions (e.g., persistent neurologic deficit) associated with the use of local anesthetics may be related to the technique employed, the total dose of local anesthetic administered, the particular drug used, the route of administration, and the physical condition of the patient.

### OVERDOSAGE

Acute emergencies from local anesthetics are generally related to high plasma levels encountered during therapeutic use of local anesthetics or to unintended subarachnoid injection of local anesthetic solution (see ADVERSE REACTIONS, WARNINGS, and PRECAUTIONS).

Management of local anesthetic emergencies: The first consideration is prevention, best accomplished by careful and constant monitoring of cardiovascular and respiratory vital signs and the patient's state of consciousness after each local anesthetic injection. At the first sign of change, oxygen should be administered.

The first step in the management of convulsions consists of immediate attention to the maintenance of a patient airway and assisted or controlled ventilation with oxygen and a delivery system capable of permitting immediate positive airway pressure by mask. Immediately after the institution of these ventilatory measures, the adequacy of the circulation should be evaluated, keeping in mind that drugs used to treat convulsions sometimes depress the circulation when administered intravenously. Should convulsions persist despite adequate respiratory support, and if the status of the circulation permits, small increments of an ultra-short acting barbiturate (such as thiopental or thiamylal) or a benzodazepine (such as diazepam) may be administered intravenously. The clinician should be familiar, prior to use of local anesthetics, with these anticonvulsant drugs. Supportive treatment of circulatory depression may require administration of intravenous fluids and, when appropriate, a vasopressor as directed by the clinical studios (ac., Exberdicine). situation (e.g., Ephedrine).

If not treated immediately, both convulsions and cardiovascular depression can result in hypoxia acidosis, bradycardia, arrhythmias and cardiac arrest. If cardiac arrest should occur, standard cardiopulmonary resuscitative measures should be instituted.

Endotracheal intubation, employing drugs and techniques familiar to the clinician, may be indicated, after initial administration of oxygen by mask, if difficulty is encountered in the maintenance of a patient airway or if prolonged ventilatory support (assisted or controlled) is indicated.

vialysis is of negligible value in the treatment of acute overdosage with Lidocaine.

The intravenous LD<sup>™</sup> of Lidocaine HCl in female mice is 26 (21-31) mg/kg and the subcutaneous LD ™is 264 (203-304) mg/kg.

# DOSAGE AND ADMINISTRATION

When used for local anesthesia in dental procedures the dosage of Octocaine (Lidocaine Hydrochioride and Epinephrine Injection, USP) depends on the physical status of the patient, the area of the oral cavity to be anesthetized, the vascularity of the oral tissues, and the technique of anesthesia. The least volume of solution that results in effective local anesthesia should be administered; time should be allowed between injections to observe the patient for manifestations of an adverse reaction. For specific techniques and procedures of a local anesthesia in the oral cavity, refer to standard textbooks.

For most routine dental procedures, Octocaine (Lidocaine HCI 2% and Epinephrine 1:100,000) Injection is preferred. However, when greater depth and a more pronounced hemostasis are required, a 1:50,000 Epinephrine concentration should be used.

Dosage requirements should be determined on an individual basis. In oral infiltration and/or mandibular block, initial dosages of 1-5 mL (1/2-2 1/2 cartridges) of Octocaine Injection are usually effective. In pediatric patients under 10 years of age it is rarely necessary to administer more than one-half cartridge (0.9 mL or 18-20 mg) of Octocaine Injection per procedure to achieve local anesthesia for a procedure involving a single tooth. In maxillary infiltration, this amount will often suffice to the treatment of two or even three teeth. In the mandibular block, however, satisfactory anesthesia achieved with

this amount of drug will allow treatment of the teeth in an entire quadrant.

Aspiration is recommended since it reduces the possibility of intravascular injection, thereby keeping the incidence of side effects and anesthetic failures to a minimum.

NOTE: Parenteral drug products should be inspected visually for particulate matter and discoloration prior to administration whenever the solution and container permit. Solutions that are discolored and/or contain particulate matter should not be used.

Any unused portion of a cartridge of Octocaine Injection should be discarded

### Maximum recommended dosages

Adult: For normal healthy adults, the individual dose of Lidocaine and Epinephrine should be kept below 500mg and in any case should not exceed 7mg/kg (3.2mg/lb) of body weight. When used without Epinephrine, the amount of Lidocaine administered should be kept below 300mg and in any case should not exceed 4.5mg/kg (2mg/lb) of body weight.

Pediatric patients: It is difficult to recommend a maximum dose of any drug for pediatric patients since this varies as a function of age and weight. For pediatric patients of less than ten years who have a normal lean body development, the maximum dose may be determined by the application of one of the standard pediatric drug formulas (e.g. Clark's rule). For example, in a pediatric patient of five years weighing 50 lbs., the dose of Lidocaine should not exceed 75-100mg when calculated according to Clark's rule. In any case, the maximum dose of Octocaine (Lidocaine Hydrochloride and Epinephrine) Injections should not exceed 7mg/kg (3.2mg/lb) of body weight. When used without Epinephrine, the dose of Lidocaine administered should not exceed 4.5mg/kg (2mg/lb) of body weight.

### HOW SUPPLIED

Octocaine (Lidocaine HCI 2% and Epinephrine 1:100,000) Injection Cartridges, 1.8 mL, 50 per carton (NDC 0362-9002-50)

Octocaine (Lidocaine HCI 2% and Epinephrine 1:50,000) Injection Cartridges, 1.8 mL, 50 per carton (NOC 0362-9001-50)

### Sterilization, Storage and Technical Procedures for Cartridges:

- Catridges should not be autoclaved, because the closures employed cannot withstand autoclaving temperatures and pressures.

  If chemical disinfection of anesthetic cartridges is desired, either 91% of isopropyl alcohol or 70% ethyl alcohol is recommended. Many commercially available brands of rubbing alcohol, as well as solutions of ethyl alcohol not un'USP grade, contain denaturants that are injurious to rubber and therefore, are not to be used. It is recommended that chemical disinfection be accomplished just prior to use by wiping the cartridge cap thoroughly with a pledget of cottor that has been moistened with recommended alcohol.
- Certain metallic ions (mecury, zinc, copper, etc.) have been related to swelling and edema after local anesthesia in dent istr. Therefore, chemical disinfectants containing or releasing these ions are not recommended. Anti-rust ablets usually contain softum nitrite or some similar agents that may be capable of releasing metal ions. Because of this, aluminum sealed cartridges should not be kept in such
- Quaternary ammonium stalts, such as thenzalkonium chloride, are electrolytically incompatible with aluminum, carninges of Octocaine (Lidocaine Hydrochloride and Epinepinine injection), USP) are sealed with aluminum caps and therefore, should not be immersed in any solution containing these salts.
- To avoid leakage of solution during injection, be sure to penetrate the center of the rubber diaphragm when loading the syringe. An off-centre penetration produces an oval shaped puncture that allows leakage around the nearlie
- Cracking of glass cartridges is most often the result of an attempt to use a cartridge with an extruded plunger. An extruded plunger loses its lubrication and can be forced back into the cartridge only with difficulty. Cartridges with extruded plungers should be discarded.
   Store at controlled room temperature: 15° 30°C (59° 86°F). OO NOT PERMIT TO FREEZE. PROTECT FROM LIGHT.



Manufactured by Novocol Pharmaceutical of Canada Inc. Cambridge, Ontario N1R 6X3

#2116 Rev. 2/97

